

## Homework – Week Three

### Improvised Agility Obstacles

You don't have to spend a lot of money or buy manufactured agility equipment in order to practice agility. Here are some ideas for improvised agility obstacles:

#### Jumps

- Broomstick suspended between two boxes or piles of books, or two chairs
- Any upright object in a doorway

#### Dogwalk or planks

- Any wooden board, 8-12" wide by any length (6'-10' is good); can be set on ground, or put wooden dowel or PVC pipe underneath at center point to practice tip of the teeter
- Picnic table bench
- Concrete parking strip/bumper

#### Table

- Small card table or square board (without rough edges) on concrete blocks or paint cans – put blanket or rug on table so it won't be slick
- Picnic table (if it's not too high)
- Footstool or hassock

#### Weave poles (set 21" – 24" apart)

- Plumbers plungers
- Lightweight fence posts or garden stakes stuck in the ground

#### Tunnel

- Children's play tunnel (JC Penney or toy store/department store; or Tinkertots.com has "institutional" 6' or 9' lengths that is perfect)
- Cardboard microwave, computer or TV box with ends cut out

#### Chute

- Large garbage can with end cut out and edges smoothed (or find a used car wash/soap factory barrel, clean it out, and cut one end out and smooth it)
- Drape a sheet over one end for the chute fabric